



Boys and Girls Clubs of Wales

Clybiau Bechgyn a Merched Cymru

Charity Number: 1009142



ESSEX

With Essex BGC



June 2023

# Essex Adventure Weekend Final Report

IN PARTNERSHIP WITH NABGC

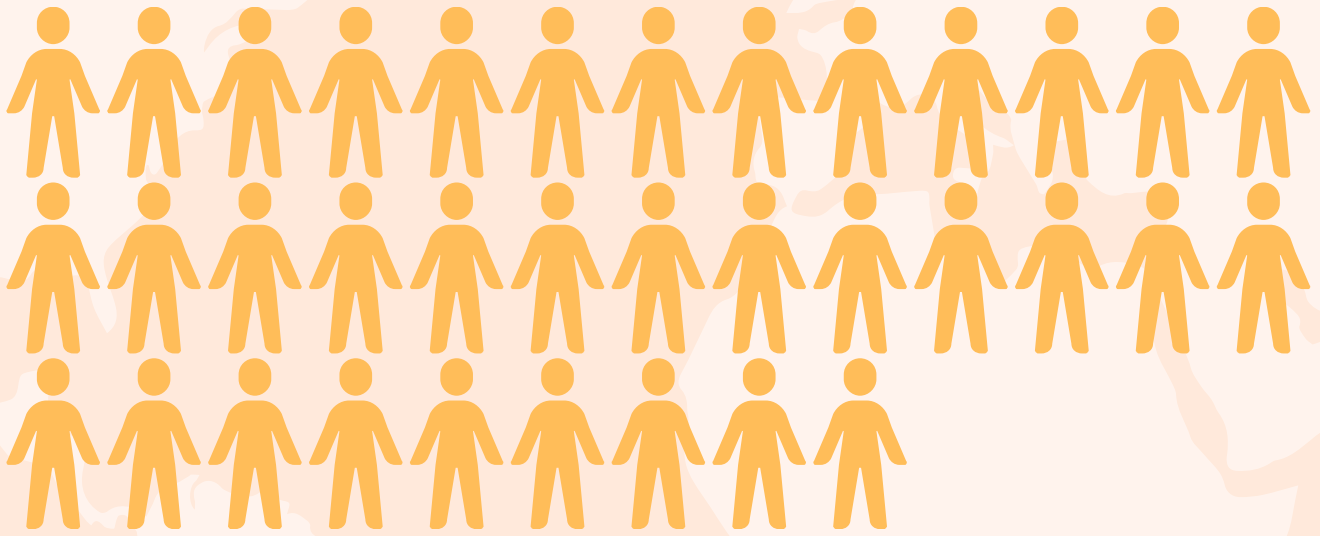


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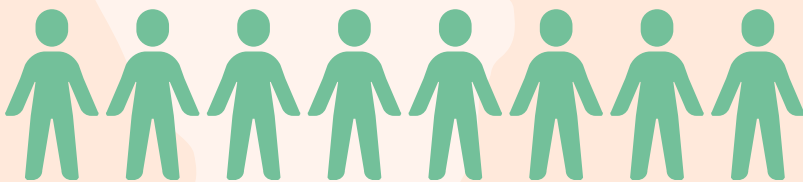


# At a glance

**35 YOUNG PEOPLE ENGAGED**



**8 YOUTH WORKERS**



**4 NETWORK CLUBS**





# Foreword



## GRANT POINER CHIEF EXECUTIVE OFFICER

The Essex Adventure Weekend is an exciting weekend of outdoor opportunities, evening entertainment and more! Club leaders and young people from across the BGC Wales network have had great experiences at the Essex Adventure Weekend in the past and hopefully will again in future.

We have always enjoyed partnering with Essex Boys and Girls Clubs for this weekend. The Adventure Weekend they run is brilliant and we are confident that any young people who attend will have a fantastic time, thanks all of their hard work. It is a great opportunity to meet other young people from Wales and across the UK.

## Essex Boys and Girls Clubs

## REBECCA STANLEY CLUB DEVELOPMENT LEAD

“The Essex Adventure Weekend takes place every year in June and provides young people from NABGC affiliated Clubs the opportunity to take part in a weekend of fun”.

“With a range of activities from High Ropes to Bushcraft to Laser Tag and Paddleboarding as well as activities such as morning energisers, a crafts tent, quizzes, karaoke and more, there will be something for everyone. This is the perfect event for allowing young people the chance to step outside their comfort zone, explore, laugh and have fun with other club members from around the country! This is a key event in the EBGC and National calendar and we would love to see as many clubs and young people there as possible”.

# The Activities



One of our absolute favourite activities was the paddle boarding. The young people really enjoyed the opportunity to be on the water, and for some it was their first experience paddle boarding. As one of the most popular choices of the weekend, it was a fantastic activity.

The high ropes course was also a very popular activity. It was fantastic to see the young people's bravery and determination while they completed the course.

For some, their win was climbing to the start and back down, for others it was finishing the course. But every success was just as important.



A really cool activity was the outdoor laser tag.

It was a great chance to be competitive and play a really fun game of laser tag. It was even better when some of the leaders beat the young people!





“The accommodation was still very good, the range of activities, both on land and the water were varied and well staffed. They were very well organised, and very supportive to the young people with not much confidence. The young people who attended this weekend, really enjoyed and are asking already when we're going back!”  
Deb - LLwynypia BGC Youth Worker

“Essex gave the young people in Grangetown an opportunity they wouldn't have had, due to the deprived area they live. Being away from home built confidence and resilience alongside, friends being made, relationships and bonds being built and new experiences”.

Renee - Grangetown BGC Youth Worker



“It was amazing being with my friends and having so many activities to choose from”

Lacie - 13

“It was so much fun watching people do the zip line! I'd love to go back

Carla - 16