



Boys and Girls Clubs of Wales
Clybiau Bechgyn a Merched Cymru

POLICE YOUTH VOLUNTEER SCHEME

Team Report
Year 2 Quarter 3



September 2024 -
December 20th 2024



De Cymru
Comisiynydd yr Heddlu a Throseddau
Police and Crime Commissioner
South Wales



Introduction

This report will outline and summarise the work of the Police Youth Volunteer Scheme (PYV) Team from September 2024 to January 2025.

It will provide statistical information on the number of sessions delivered, PYV attendances, topics covered, PYV achievements and volunteering opportunities.

It will offer feedback from PYVs on their experience of the PYV scheme and any gains or benefits of their involvement.

It will present examples of practice that emphasises youth work methodology in its approach to programme delivery and how non-formal and informal learning has been built-in to the delivery model.

It also acknowledges the positive collaboration between the SWP and BGC teams and how this partnership was growing and developing into a very effective delivery partnership that was already showing positive results towards the aims and objectives of the PYV programme.

STATISTICAL INFORMATION FOR THE 10 HUBS

Number of PYVs Registered to each individual hub

BCU	HUB	NUMBER REGISTERED
Cardiff and Vale of Glamorgan	Cardiff South	17
	Cardiff West	13
	Cardiff East	21
	Cardiff Central	22
	Barry	16
Swansea and Neath Port Talbot	Port Talbot	9
	Morrison	8
	Townhill/Cockett	15
Mid Glamorgan	Merthyr	12
	Bridgend	17
Total		150

Engagement Levels

Total Number of PYVs on registers at 10 Hubs is 150

Out of 150, 20 did not attend a single session so overall engagement was 130 PYVs.

Number of sessions delivered per Hub (up to 20/12/24). Reward activities of 16,17,18/12/24 were held instead of the Hub sessions but are included in this session record.

BCU	HUB	NUMBER REGISTERED
Cardiff and Vale of Glamorgan	Cardiff South	7
	Cardiff West	12
	Cardiff East	10
	Cardiff Central	13
	Barry	7
Swansea and Neath Port Talbot	Port Talbot	9
	Morrison	13
	Townhill/Cockett	12
Mid Glamorgan	Merthyr	13
	Bridgend	14
Total		110

Total Number of volunteering opportunities between April and December 2024 is 18 overall (9 during the pilot period from April - August 2024).

As well as gaining valuable experience in working with community members, SWP colleagues, agency partners and professionals, Community Leaders, and others, in a variety of community settings, the PYVs were given the opportunity to meet other PYVs from all the Hubs and begin to initiate and develop friendships that has, for a number of them, expanded their social networks that they feel have been personally beneficial.

Topics Delivered to Morriston, Bridgend and Merthyr.

Session 1: Introduction to Scheme, Ground Rules, Emergency Services Day

Session 2: Suicide and Overdose Awareness

Session 3: Five Ways to Wellbeing

Session 4: 9/11 and Police Memorial Day

Session 5: Online Safety and Cyberbullying

Session 6: Hate Crime Awareness Week

Session 7: Peace Mala, ASB and Operation Bang

Session 8: Case File: Unsolved Murder Mystery

Session 9: Safeguarding Vulnerable Adults, Grooming, and Op Sceptre

Session 10: UNCRC and Young People's Rights

Session 11: Road Safety and County Lines

Session 12: Christmas Party, Pizza and Feedback

Topics Delivered in the Cardiff and Vale Hubs

- National Policing Memorial Day
- 9/11 Anniversary
- Emergency Services Day
- Hate Crime Awareness
- Introduction to Accredited Awards (Duke of Edinburgh / Peace Mala)
- Physical Fitness
- Safeguarding
- Armistice
- Road Safety
- Armed Crime
- Leadership and Communication
- Water Safety and Drowning
- Human Rights & UNCRC
- International Volunteers Day
- Well-Being

- Op Bang and Anti-Social Behaviour
- Online Safety linked with Safer Internet Day

Topics Delivered to Hubs in Cockett, Port Talbot and Cardiff East.

Session 1: Introduction to Scheme, Ground Rules, Emergency Services Day

Session 2: Suicide and Overdose Awareness

Session 3: Five Ways to Wellbeing

Session 4: 9/11 and Police Memorial Day

Session 5: Online Safety and Cyberbullying

Session 6: Hate Crime Awareness Week

Session 7: Peace Mala, ASB and Operation Bang

Session 8: Case File: Unsolved Murder Mystery

Session 9: Safeguarding Vulnerable Adults, Grooming, and Op Sceptre

Session 10: UNCRC and Young People's Rights

Session 11: Road Safety and County Lines

Session 12: Christmas Party, Pizza and Feedback

Five Pillars of Youth Work

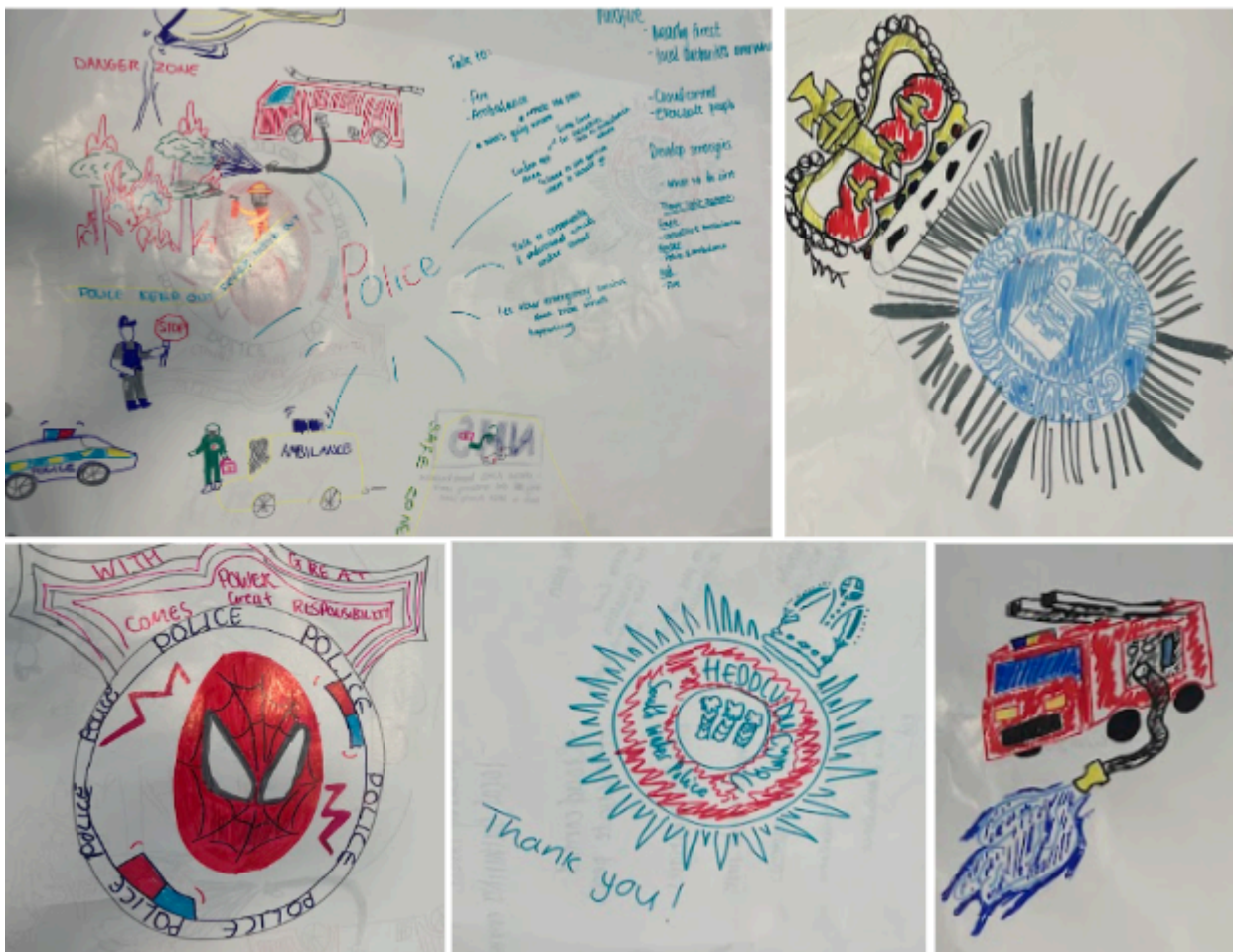
The structure and delivery methodology of the PYV sessions is influenced strongly by the five pillars of effective youth work:

1. **Educative**- Enabling young people to gain the skills, knowledge, understanding, attitudes and values necessary for the PYVs personal development and potential.
2. **Expressive**- Encouraging and enabling the PYVs to express their understanding and knowledge, and their ideas, opinions, emotions, and aspirations through a broad range of creative and often challenging opportunities.
3. **Participative**- Encouraging and supporting the PYVs to become partners in, and share responsibility for the opportunities, learning processes, and decision making structures which affect their own and other people's lives and environments.
4. **Inclusive**- Enabling the PYVs development of knowledge, understanding, and positive attitudes and behaviour in relation to racial, social, and cultural identity and diversity, heritage, languages, citizenship, and respect for other people's choices.
5. **Empowering**- Equipping the PYVs with the understanding and skills to enable them to exercise their rights.

Session Example 1: Emergency Services Day

1. **Educative:** PYVs gained essential knowledge about emergency services through interactive activities, enhancing critical thinking and problem-solving skills, especially during the wildfire scenario planning.
2. **Expressive:** Creative activities, such as designing logos for their admired emergency services, allowed participants to express their opinions and emotions, making the learning experience more relatable.
3. **Participative:** Collaboratively establishing hub rules and working in teams for the wildfire activity encouraged shared decision-making, fostering a sense of community and respect for diverse perspectives.
4. **Inclusive:** The session promoted appreciation for the diversity within emergency services and emphasised understanding among various cultural contexts, nurturing positive attitudes toward inclusion.
5. **Empowering:** Participants were equipped with knowledge, skills, and confidence to act in emergencies and voiced their ideas through presentations, reinforcing their sense of agency.

Creative drawing examples of the PYV Emergency Services Day session.



Benefits of the Session's Activities:

- **Group Work:** Fostered teamwork, enabling effective collaboration.
- **Communication Skills:** Enhanced abilities in articulating ideas and public speaking.
- **Critical Thinking:** Developed thoughtful decision-making in emergency planning.
- **Knowledge of Emergency Services:** Increased understanding of various services and their roles.
- **Empathy:** Encouraged consideration for the emotions of those affected by emergencies.
- **Multi Agency Approach:** Highlighted the importance of cooperation among different services.
- **Creativity:** Offered an outlet for self-expression through artistic design.
- **Presentation Skills:** Sharing their work promoted active listening and constructive feedback.

Summary

The Emergency Services Day effectively engaged participants through holistic and interactive experiences, aligning with the five pillars of youth work while empowering them as active community members.

Feedback from Young Person:

"I really enjoyed today's session, especially the wildfire activity! Working in groups and being creative was so much fun. I felt like I got closer to everyone and really came out of my shell" PYV A. Port Talbot.

Session Example 2: Peace Mala

Hubs participated in the Peace Mala bracelet-making activity, reflecting on the Golden Rule: 'Treat others as you wish to be treated'. This activity encouraged the PYVs to share their own beliefs and experiences of faith with others, fostering community cohesion, and values such as tolerance, friendship, and peace.

1. **Educative:** The session offered valuable insights through the Peace Mala activities, allowing participants to explore themes of tolerance and respect. This deepened their understanding of the Golden Rule as they considered the implications of treating others with kindness.
2. **Expressive:** Participants engaged in bracelet-making and poster design, providing a platform for them to express their personal values and beliefs related to various religions. This made the learning experience relatable and personal, allowing young people to connect with the theme on a deeper level.

3. **Participative:** Through sharing their posters and discussing the Golden Rule, young people collaborated in group discussions, enhancing their communication skills. This collective dialogue fostered a sense of community and encouraged respect for diverse viewpoints.
4. **Inclusive:** The activities promoted an atmosphere of understanding and appreciation for various faiths. Participants felt comfortable sharing their beliefs and perspectives, highlighting the importance of inclusivity within the group.
5. **Empowering:** Young individuals were encouraged to take ownership of their creations and express their ideas creatively. This reinforced their sense of agency to advocate for inclusivity and respect within their communities.

PYVs making their Peace Mala bracelets.



Benefits of the Session

- **Group Work:** Enhanced teamwork and collaboration were evident through the joint activities and discussions.
- **Communication Skills:** Participants developed public speaking and expressive skills during poster presentations and sharing sessions.
- **Knowledge of Diverse Faiths:** The activities increased awareness of different religions, promoting appreciation for diversity.
- **Empathy:** The session encouraged young participants to consider and respect the values and feelings of others, fostering a culture of empathy.
- **Creativity:** The bracelet-making and poster design provided avenues for creative expression, enriching the participants' experiences.
- **Active Engagement:** Young people felt valued for their contributions, enhancing their overall enjoyment and satisfaction with the session.

Incorporating the Peace Mala within the hubs goes beyond mere education; it instills a sense of responsibility towards creating a more harmonious society. This is especially relevant in the context of the United Nations Sustainable Development Goals (SDGs), which emphasise the importance of peace, justice, and strong institutions as a foundation for sustainable development. Through the Peace Mala initiatives, young people learn how collective action and personal accountability can contribute to a peaceful and just world.

The Peace Mala Scheme within the hubs serves as a powerful vehicle for promoting peace, understanding, and solidarity among young people. The focus on values such as tolerance, empathy, and community cohesion not only enriches the lives of the participants but also contributes to building a more just and sustainable world. Through ongoing efforts towards Peace Mala accreditation and engagement in impactful events like the Seeds of Hope Exhibition, the team is firmly committed to empowering young people to be effective advocates and active participants in their communities

Feedback from a Young Person:

'Another good experience was making the Peace Mala's which I thought was interesting as I learnt about different religions and shared more about my religion'.

Siya Cardiff.

Session Example 3: UNCRC

In this session, participants were divided into three groups for an interactive exploration of the United Nations Convention on the Rights of the Child (UNCRC). Engaging with a thought-provoking video presentation, they delved into various activities designed to help them differentiate between needs and wants. The young people identified and ranked the nine most crucial rights, while also engaging in meaningful discussions about the reasoning

behind their choices. This process allowed them to navigate the complexities of conflicting rights.

The session offered numerous benefits, including:

1. **Enhanced Understanding of Rights:** Participants gained knowledge about their rights and responsibilities as outlined in the UNCRC, fostering a sense of empowerment and advocacy.
2. **Critical Thinking Development:** Engaging in discussions about needs versus wants and ranking rights encouraged critical thinking and decision-making skills.
3. **Improved Communication Skills:** The group discussions and activities promoted open dialogue, teaching the young people to articulate their thoughts and respect differing opinions.
4. **Teamwork and Collaboration:** Working in groups enhanced social skills and encouraged cooperation, helping them to learn the value of teamwork.
5. **Creative Expression:** The brainstorming session allowed participants to express their ideas creatively, reinforcing their sense of agency and involvement in decision-making.

Summary

This session on the UNCRC was incorporated into the programme in direct response to feedback from participants in the pilot scheme. Many young people expressed that they were unaware of their rights and were eager to learn more about them. By addressing this need, the session not only informed participants about their rights but also empowered them to advocate for themselves and engage thoughtfully within their communities. The comprehensive approach to understanding rights and responsibilities fostered a supportive environment where young people could develop essential life skills, enhancing their overall educational experience.

Feedback from a Young Person:

"I had no idea about my rights before. Now I feel empowered! I can actually stand up for myself and help my friends too!" Young Person Cardiff East

VOLUNTEERING OPPORTUNITIES UNDERTAKEN BY PYVS

Event	Purpose	Date	Hubs Involved	Additional Comments
Waterton Service Animals	Educational Visit	05/04/2024	Cardiff Central	Taken time out of their day to learn more about policing, specifically the Service Animal department
Earth Day	Service Educational Visit	21/04/2024	Cardiff East Cardiff Central Cardiff South Barry	PYV provide support with some outdoor maintenance - working with some of the Brecon Beacon National Park team and their young people Learnt about an endangered species a the park Went for a long walk to enjoy the scenery and celebrate Earth Day
Family Fun Day / Jobs Fayre - Splott	Service	31/05/2024	Cardiff East	Support a SWP stall and building relations with the community
PRIDE	Service	22/06/2024	Cardiff Central Cardiff East Cardiff West Barry	Representing SWP
Barry Scout and Guide Fete	Service	06/07/2024	Barry	Support a SWP stall and building relations with the community
Waterton Service Animals	Educational Visit	11/08/2024	Cardiff Central Cardiff West	Taken time out of their day to learn more about policing, specifically the Service Animal department
Test Purchasing	Service	14/08/2024	Cardiff West	SWP team up with Trading Standards
Cardiff Central Library	Service	20/08/2024	Cardiff Central	Promoting the PYV programme and Representing SWP
Glenwood Afternoon Tea	Service	22/08/2024	Cardiff East	Representing SWP and building community relations Giving back to the venue that provides a free space for hub

Event	Purpose	Date	Hubs Involved	Additional Comments
NABGC Conference	Service	29/09/2024	Cardiff South Barry	Support a SWP stall and making new connections
Remembrance Sunday	Service	10/11/2024	Cardiff Central Barry Cardiff West Cardiff East	Representing SWP
BGC Wales Welsh Boxing Championship Finals	Service	02/11/24	Morrison Port Talbot Townhill/ Cockett	
NABGC Boxing Championship Semi-Finals	Service	17/11/2024	Cardiff West Cardiff Central Morrison Port Talbot Townhill/ Cockett	Supporting the event via various roles and representing SWP
White Ribbon Candle Light Vigil at the Senedd	Education Service	18/11/2024	Cardiff South Cardiff Central	White Ribbon Awareness Representing SWP
Glenwood Christmas Carol Service	Service	15/12/24	Cardiff East	Representing SWP in the community
Op Bang at Swansea Stadium	Service	05/10/24	Morrison Port Talbot Townhill/ Cockett	
Op Bang at Swansea Stadium	Service	12/10/24	Morrison Port Talbot Townhill/ Cockett	
Op Bang at Aberavon Shopping Centre Elvis Festival	Service Service	19/10/24 28/09/24	Port Talbot Townhill/ Cockett Morrison Bridgend	
Bridgend hub Test Purchase	Service	16/11/24	Bridgend	
Merthyr Hub Test Purchase	Service	01/11/24	Merthyr Tydfil	

Project Summary Statement

The PYV program has fostered personal growth, confidence, and skill development in its participants. Through hands-on experiences, leadership opportunities, and practical learning on topics like knife crime and community service. Participants overcame personal challenges and gained valuable insights into policing. Many expressed gratitude for the supportive environment and saw the program as instrumental in preparing them for future careers in law enforcement.

By using a diverse range of teaching styles and methods, we effectively engaged PYVs who had different learning preferences and needs. Each method provided unique benefits, contributing to the development of essential soft skills such as communication, empathy, teamwork, and critical thinking. This multifaceted approach ensured a well-rounded and impactful learning experience for all participants

FEEDBACK FROM PYVS

"I struggled with my confidence when I joined this program. We started reading out loud and that really helped me with my confidence. This program has helped me come out of my comfort zone and make new friendships."

"This experience will help me in the future by helping me to Pursue my dream of becoming a police officer. I just want to thank you to [name] and everyone else for helping me achieve all these things, the memories and coming out of my comfort zone. I think young people should join because they will learn new things and be more confident with themselves."

"I have learned now to do CPR properly and I have developed a lot of confidence since joining Pyv . I personally thought it was hard for me to meet new people and try to get to know people I'm not familiar.with. I have overcome these fears and this has benefited me for the future. This program has helped me in many ways, including confidence and learning from this experience can help me be more prepared in the future."

"I've gained a lot more confidence since joining"

"New skills I have learnt are being more confident when reading aloud and also being confident when sharing my ideas. I didn't fix any challenges. Program has helped me be more confident and also have expectations of a police officer in the future."

"The program has helped me to improve my confidence, communication skills, teamwork, and friendships."

"It has really helped me build my social skills. I really liked doing this volunteering as I met and socialised with a lot of nice and new people"

"I joined the police service this year and I have fully enjoyed it. I enjoyed all the activities done when partnered with the youth service but I also enjoyed the guest speakers that have come in."

"The volunteering I enjoyed the most was having tea with the elderly. I especially [enjoyed] learning skills like communication, teamwork and preparing the table. Another good experience was making the Peace Mala's [bracelets] which I thought was interesting as I learnt about different religions and shared more about my religion."

“I was interested in police attending the events communicating to the public speaking to people I did not know are parts of the PYV. It has allowed me to learn more about the police. Thank you for everything.”

“During PYV I have felt more confident in publicly speaking. I found speaking to people difficult at first. I overcame this challenge by going to more events. The Pyv has helped me with my confidence in the future”

“PYV has helped me feel more educated on the issues the police face and to feel more confident in speaking to people. People should join the program to gain confidence and to learn about the police.”

“Key memories include learning to deal with stressful situations; first aid; improve confidence; and being able to speak to the public for future jobs. Thank you so much because it’s fun.”

“Some knowledge that I learnt involved things like how to avoid and notice the signs of knife crime. Some of the challenges I faced involved trying to navigate things I am unfamiliar with. This has made me a more confident person and has expanded the pool of people I interact with.”

“I enjoyed participating in the DofE experience as it taught me resourcefulness and teamwork. The programme has really helped my communication skills + overcome my social anxiety.”

USE OF QUESTIONNAIRES

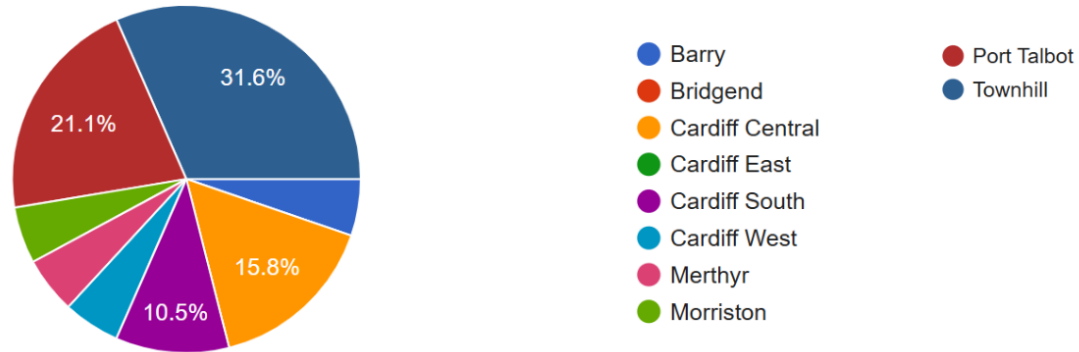
Another method of data collection used was the use of a questionnaire. Nineteen responses were collected and the overall response was very positive, indicating that PYVs are very happy with the syllabus content and youth work delivery methods.

A summary can be found on the following pages.

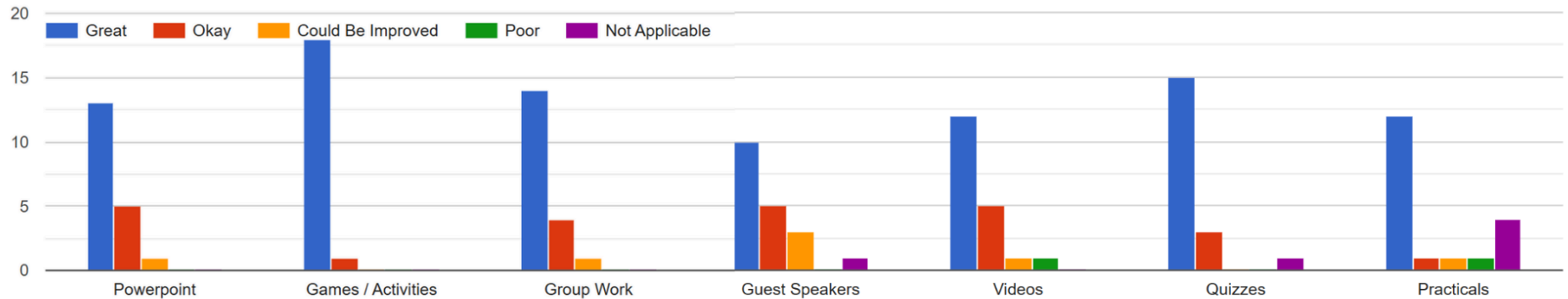
SUMMARY OF THE BGC WALES PYV EVALUATION QUESTIONNAIRE

Please select which PYV hub you attend.

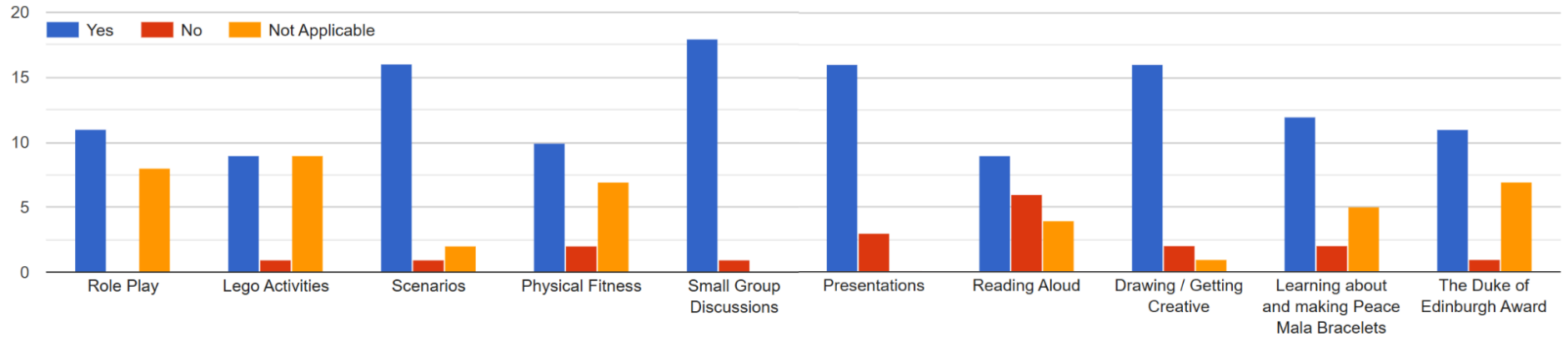
19 responses



How do you rate our delivery styles (approaches)?



Which activities did you find the most engaging?



Optional: Tell us why these activities were or were not engaging?

9 responses

They were exciting

Most of these we didn't actually have chance or time to do

Communication with others

Fun, interactive and made friends

They made everything engaging and fun for us all.

Scenarios - Could have done more
Physical Fitness - TBC - planned in for last session

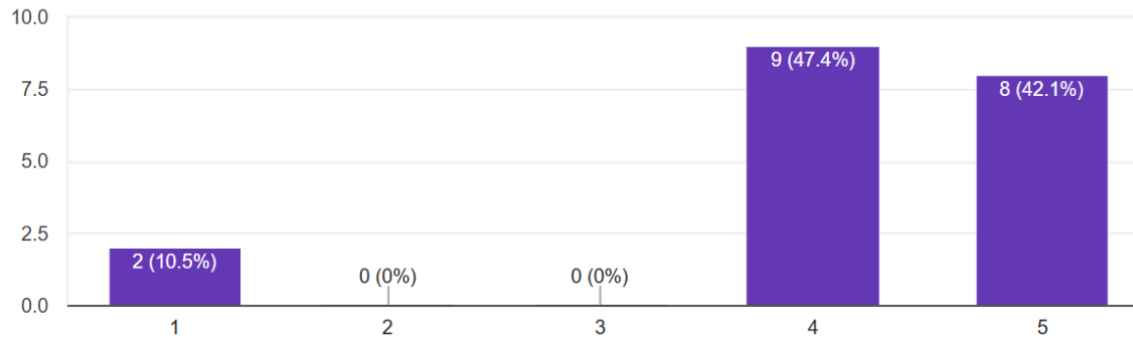
Kayleigh got us all engaged and had fun

Lego Activities - Didn't do much, could have done more.
Emergency services day was good.
Duke of Ed - done already.

They were fun and helped making new friends

Did the creative activities (role-play, lego and drawing) help you feel more comfortable and involved?

19 responses

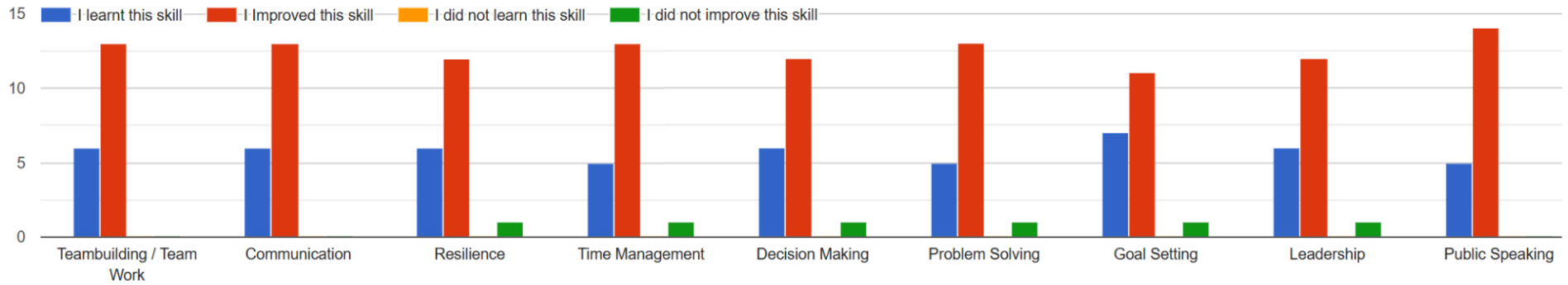


Which activities helped you learn the most about jobs and career skills?

19 responses

No response given	Activities such as group discussions and group activity.	Group activities. Include food.
Explaining activities and scenarios cases	The scenario one	Group discussions and presentations
When guest speakers came in :)	none were related to the police which is why I joined	
Presentation	Scenarios	
Guest speakers coming in and being interactive.	I can't remember	
Presentations	The presentations	
Guest speakers	Scenarios	
The scenarios	scenarios	

What skills do you feel you have learnt and/or built on through the programme since September?



Did you feel encouraged to participate and express your ideas and opinions within sessions?

19 responses

